



# community human services

hope. help. here.



## SUBSTANCE USE PREVENTION PROGRAM

Substance Use Prevention Program (SUPP) is a school-based counseling program for students. The program aims to provide socio-emotional support to students and to address and identify substance use and abuse issues. This program focuses on substance use prevention and education and anger management techniques, and provides additional support to all participants.

### Services

- Individual, group and family counseling
- Consultation with parents/teachers/school staff
- Student and parent presentations (as requested)
- Information and referrals
- YATV (Youth Alternatives to Violence program)
- Alcohol and Drug Abuse Prevention Team (ADAPT), a student centered approach to substance use prevention
- The Seven Challenges drug intervention program

Salinas HS	831.796.7400	Alisal HS	831.796.7600
North Salinas HS	831.796.7500	Mount Toro HS	831.796.7700
Everett Alvarez HS	831.796.7800	El Puente HS	831.796.6900
Chalone Peaks MS	831.385.4400		

### PROGRAM COST

Services are paid for by participating schools.

### ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health, substance abuse and homeless services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.



@chservicesmonterey

To find out about establishing SUPP at your schools:

### CONTACT

831.424.4828

Community Human Services  
P.O. Box 3076  
Monterey, CA 93942  
831.658.3811

[www.chservices.org](http://www.chservices.org)