## Salinas Union High School District

Instruction Policy #6145.21

## HELMETS

The Salinas Union High School District Board of Education recognizes that student participation in interscholastic athletics can lead to head injuries and concussions, even if the participant is wearing appropriate equipment to protect against such injuries. The Board further recognizes that, while no helmet can guarantee the prevention of such injuries, the use of appropriate, certified helmets while participating in interscholastic athletics can reduce the potential for injury. The Board also acknowledges that some parents and/or students participating in Interscholastic Football desire to purchase their own helmets in lieu of utilizing a District-owned helmet.

Based upon the foregoing, the Board of Trustees herewith acknowledges and approves the attached Interschool Athletic Football Administrative Regulation and Waiver Form concerning football helmets.