

### Parent Resources List

Community Human Services: Salinas	(831) 757-7915
Community Human Services: Seaside	(831) 394-4622
Domestic Violence Crisis Hotline	(831) 372-6300
Family Helpline	(831) 339-8228
First Presbyterian Church	(831) 422-7811
MCBH 24-hour Crisis Team	(831) 755-4111
MCBH ACCESS Line	(888) 258-6029
MCBH Clinic: King City	(831) 386-6868
MCBH Clinic: Marina	(831) 647-7652
MCBH Clinic: Salinas	(831) 796-1700
MCBH Clinic: Salinas-Children	(831) 784-2150
MCBH Clinic: Salinas-Children	(831) 796-1500
MCBH Clinic: Soledad	(831) 678-5125
MCBH TTY/TDD	(831) 796-1788
National Alliance on Mental Health (NAMI)	(831) 375-6264
Suicide Prevention Hotline	(877) 663-5433
Sunrise House Crisis Line for Youth	(831) 758-3302
The Village Project Inc.	(831) 392-1500