

SALINAS HIGH SCHOOL

2019 Cross Country

DATE	DAY	OPPONENT	LOCATION	TIME/LEVEL		
				Frosh	JV	Var
14-Sep	Sat	Jackie Henderson Memorial	No. Monterey County			9:00 AM
18-Sep	Wed	Center Meet #1	Gavilan College	3:30	3:30	3:30
21-Sep	Sat	DeLa Salle Inv.	Newhall Park, Concord			8:30 AM
25-Sept	Wed	Salinas City Meet	Naividad Creek Park	3:30	3:30	3:30
3-Oct	Thurs	Center Meet #2	North Monterey County	3:30	3:30	3:30
12-Oct	Sat	Crystal Springs Inv. (Varsity)	Belmont			TBA
16-Oct	Wed	Center Meet #3	Toro Park	3:30	3:30	3:30
19-Oct	Sat	Monterey Bay Invitational	Toro Park			9:00 AM
30-Oct	Wed	PCAL Championships	Toro Park	TBD	TBD	TBD
16-Nov	Sat	CCS	TBD	TBD	TBD	TBD

Varsity Coach: Roger Chagnon roger.chagnon@salinasuhd.org

Assistant Coach: Max Bell

SHS Principal: Ms. Libby Duethman

SHS Athletic Administrator: Mr. Anthony Morales

SHS Athletic Director: Mrs. Patty Lamar patricia.lamar@salinasuhd.org

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9/10/19